

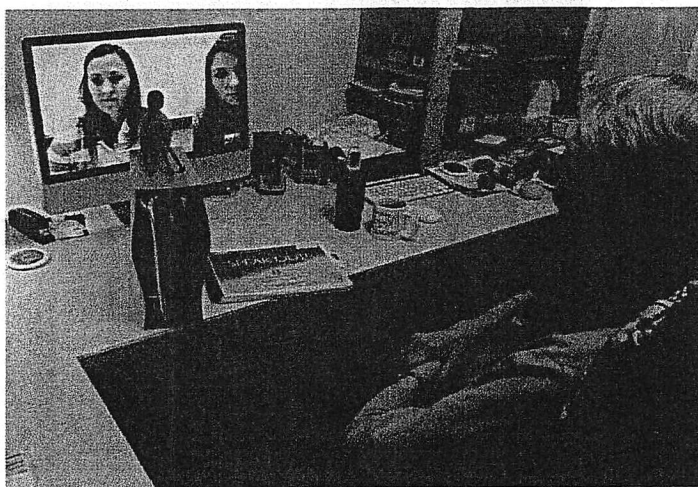
SPEAK OUT!® Eastern Washington

SPEAK OUT!® is an effective voice program developed by Parkinson Voice Project.

The program is based on the teachings of Dr. Daniel R. Boone, a speech-language pathologist who has treated Parkinson's patients since the mid-1950s.

Dr. Boone stresses the importance of projecting one's voice and "speaking with intent" in order to improve overall communication. SPEAK OUT! includes 12 individual treatment sessions provided over 4 weeks by a speech-language pathologist. Patients learn to "speak with intent" and to be confident while completing exercises that not only strengthen the entire speech and swallowing mechanisms, but also address cognitive challenges experienced by many individuals with Parkinson's.

Services are available in the following counties: *Ferry, Spokane, Lincoln, Stevens, Whitman, Pend Oreille, and Adams.* Therapy may be provided face to face or via Skype/FaceTime.



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